

MINI-COG™

Instructions

ADMINISTRATION	SPECIAL INSTRUCTIONS																								
<p>1. Get patient's attention and ask him or her to remember three unrelated words. Ask patient to repeat the words to ensure the learning was correct.</p>	<ul style="list-style-type: none"> • Allow patient three tries, then go to next item. • The following word lists have been validated in a clinical study:¹⁻³ <table data-bbox="808 485 1284 772"> <tr> <td>Version 1</td> <td>Version 3</td> <td>Version 5</td> </tr> <tr> <td>• Banana</td> <td>• Village</td> <td>• Captain</td> </tr> <tr> <td>• Sunrise</td> <td>• Kitchen</td> <td>• Garden</td> </tr> <tr> <td>• Chair</td> <td>• Baby</td> <td>• Picture</td> </tr> <tr> <td>Version 2</td> <td>Version 4</td> <td>Version 6</td> </tr> <tr> <td>• Daughter</td> <td>• River</td> <td>• Leader</td> </tr> <tr> <td>• Heaven</td> <td>• Nation</td> <td>• Season</td> </tr> <tr> <td>• Mountain</td> <td>• Finger</td> <td>• Table</td> </tr> </table> 	Version 1	Version 3	Version 5	• Banana	• Village	• Captain	• Sunrise	• Kitchen	• Garden	• Chair	• Baby	• Picture	Version 2	Version 4	Version 6	• Daughter	• River	• Leader	• Heaven	• Nation	• Season	• Mountain	• Finger	• Table
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<p>2. Ask patient to draw the face of a clock. After numbers are on the face, ask patient to draw hands to read 10 minutes after 11:00 (or 20 minutes after 8:00).</p>	<ul style="list-style-type: none"> • Either a blank piece of paper or a preprinted circle (other side) may be used. • A correct response is all numbers placed in approximately the correct positions AND the hands pointing to the 11 and 2 (or the 4 and 8). • These two specific times are more sensitive than others. • A clock should not be visible to the patient during this task. • Refusal to draw a clock is scored abnormal. • Move to next step if clock not complete within three minutes. 																								
<p>3. Ask the patient to recall the three words from Step 1.</p>	<p>Ask the patient to recall the three words you stated in Step 1.</p>																								

Scoring

3 recalled words	Negative for cognitive impairment
1-2 recalled words + normal CDT	Negative for cognitive impairment
1-2 recalled words + abnormal CDT	Positive for cognitive impairment
0 recalled words	Positive for cognitive impairment

References

1. Borson S, Scanlan J, Brush M, Vitaliano P, Dokmak A. The mini-cog: a cognitive "vital signs" measure for dementia screening in multi-lingual elderly. *Int J Geriatr Psychiatry*. 2000;15(11):1021-1027.
2. Borson S, Scanlan JM, Chen P, Ganguli M. The Mini-Cog as a screen for dementia: validation in a population-based sample. *J Am Geriatr Soc*. 2003;51(10):1451-1454.
3. McCarten JR, Anderson P, Kuskowski MA et al. Finding dementia in primary care: the results of a clinical demonstration project. *J Am Geriatr Soc*. 2012;60(2):210-217.

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CLOCK DRAWING TEST

Patient Name: _____

Date: _____

