

## Pain Assessment Checklist for Seniors with Limited Ability to Communicate (PACSLAC)

Indicate with a checkmark, which of the items on the PACSLAC occurred during the period of interest. Scoring the sub-scales is derived by counting the checkmarks in each column. To generate a total pain sum all sub-scale totals.

Facial Expression	Present
Grimacing	
Sad look	
Tighter Face	
Dirty Look	
Change in Eyes (Squinting, dull, bright, increased eye movements)	
Frowning	
Pain Expression	
Grim Face	
Clenching Teeth	
Wincing	
Open Mouth	
Creasing Forehead	
Screwing Up Nose	

Activity/Body Movement	Present
Fidgeting	
Pulling Away	
Flinching	
Restless	
Pacing	
Wandering	
Trying to Leave	
Refusing to Move	
Thrashing	
Decreased Activity	
Refusing Medications	
Moving Slow	
Impulsive Behaviours (Repeat Movements)	
Uncooperative/Resistance to care	
Guarding Sore Area	
Touching/Holding Sore Area	
Limping	
Clenching Fist	
Going into Fetal Position	
Stiff/Rigid	

Social/Personality/Mood	Present
Physical Aggression (e.g. pushing people and/or objects, scratching others, hitting others, striking, kicking).	
Verbal Aggression	
Not Wanting to be Touched	
Not Allowing People Near	
Angry/Mad	
Throwing Things	
Increased Confusion	
Anxious	
Upset	
Agitated	
Cranky/Irritable	
Frustrated	

Other (Physiological changes/Eating Sleeping Changes/Vocal Behaviors)	Present
Pale Face	
Flushed, Red Face	
Teary Eyed	
Sweating	
Shaking/Trembling	
Cold Clammy	
Changes in Sleep Routine (Please circle 1 or 2) 1) Decreased Sleep ----- 2) Increased Sleep During the Day	
Changes in Appetite (Please circle 1 or 2) 1) Decreased Appetite ----- 2) Increased Appetite	
Screaming/Yelling	
Calling Out (i.e. for help)	
Crying	
A Specific Sound of Vocalization For pain "ow," "ouch"	
Moaning and groaning	
Mumbling	
Grunting	
<b>Total Checklist Score</b>	

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#### References

Fuchs-Lacelle, S. & Hadjistavropoulos, T. (2004). Development and preliminary validation of the pain assessment checklist for seniors with limited ability to communicate (PACSLAC). *Pain Management Nursing*, 5(1), 37-49.